

CORNEAL ENDOTHELIAL SPECULAR MICROSCOPY FOLLOWING FEMTOSECOND ASSISTED INTACS IMPLANTATION FOR KERATOCONUS

By

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ABSTRACT

Background: Keratoconus is an idiopathic, noninflammatory, ectatic corneal disease that causes progressive vision loss. Although the disease is bilateral, its effects are usually asymmetric. It causes paraxial stromal thinning and weakening, leading to corneal surface distortion. Vision loss in keratoconus is caused primarily by irregular astigmatism and myopia and secondarily by corneal scarring.

Objective: To study the effect and safety of Femtosecond assisted implantation of INTACs on corneal endothelium using specular microscopy.

Patients and methods: This was a prospective comparative study conducted on 20 eyes attended the outpatient clinic of the Ophthalmology Department at Al-Azhar University Hospital (Cairo) from October 2018 to October 2029 with Keratoconus who had implantation of intracorneal ring segments (INTACS). The effect and safety of femtosecond assisted implantation of INTACs on corneal endothelium using specular microscopy were studied.

Results: Regarding preoperative ophthalmic data, the mean preoperative intraocular pressure (IOP) was (17.5 ± 2.3) mmHg, the mean preoperative uncorrected visual acuity (UCVA) was (0.17 ± 0.1) , and the mean preoperative best corrected visual acuity (BCVA) was (0.5 ± 0.17) . Regarding preoperative corneal topography data, the mean preoperative spherical equivalent was -5.94 ± 3.2 D. The mean preoperative cylinder was (-3.5 ± 1.68) D, and the mean preoperative topographic K values was (48.3 ± 3.9) D. Regarding preoperative specular microscopy data, the mean preoperative endothelial cell number was 2822.5 ± 321.9 . The mean preoperative coefficient of variation was 29.2 ± 4 , and the mean preoperative percentage hexagonal cell count was 54.6 ± 7.7 %. There were significant increase in post-operative best corrected visual acuity (BCVA), and best corrected visual acuity (BCVA) assessments in keratoconus eyes ($p < 0.01$ respectively). By using ROC-curve analysis, femtosecond assisted implantation of implantation of intracorneal ring segments (INTACS) predicted endothelial cell number improvement, with fair (72%) accuracy, sensitivity= 40% and specificity= 95% ($p < 0.01$).

Conclusion: The intrastromal ring was a stent designed to alter the corneal curvature and reduce refractive errors resulting from irregularities of corneal ectasia. The ring may improve the effect of optical correction with glasses or contact lenses.

Keywords: Corneal Endothelial, Specular Microscopy, Femtosecond, INTACS, Keratoconus.

INTRODUCTION

Keratoconus affects 1 in 2000 individuals, with an incidence from 1 in 600 to 1 in 420. The disease usually appears at puberty, progresses in 20% of cases and significantly affects the patient's quality of life. In advanced cases, complications such as myopia, irregular astigmatism, descemet membrane rupture, and corneal edema can occur leading to corneal scarring (*Romero-Jimenez et al., 2010*).

KC may be an isolated finding or it may be associated with other systemic disorders or syndromes, such as: Down syndrome, Leber congenital amaurosis and connective tissue diseases (for instance: Ehlers Danlos, Marfan syndrome, etc.). Another association that has been made was atopy. A few potential pathways may be hypothesized as cytokine dysregulation, oxidative Stress and alterations in TGF- β regulating extracellular matrix produced by keratocytes (*Soiberman et al., 2017*).

The goals of treatment of Keratoconus are to provide functional visual acuity and to halt changes in the corneal shape. Intracorneal ring segments (INTACS from Addition Technology) have also been approved for the treatment of mild to moderate keratoconus in patients who are contact lens intolerant. Most patients will need spectacles and/or contact lenses post-operatively for best vision, but will have flatter corneas and easier use of lenses (*Kymionis et al., 2010*).

They found INTACS reduced the corneal steepening and astigmatism associated with keratoconus. There are four types of ICRS which differ in geometrical profile and diameter:

INTACS (Addition Tecnology Inc., Sunnyvlae, CA, USA), ferrara rings (Mediphacos, Belo Horizonte, Brazil), bisantis segments (Opticon 2000 SpA Soleko SpA) and Myoring (DIOPTEx) (*Ertan and Colin, 2012*).

The segments are made of polymethyl methacrylate and have a crescent-shaped arc length of 150 degrees. The inner diameter is 6.8 mm and the outer diameter is 8.1 mm when placed in the cornea. Intacs thickness ranges from 0.25 to 0.45 mm in 0.05 mm increments. Intacs were designed to achieve refractive adjustment by flattening the central corneal curvature while maintaining clarity in the central optic zone (*Espandar and Meyer, 2010*).

Specular microscopy of keratoconic corneas has revealed two populations of endothelial cells, one larger and one considerably smaller than normal. The most striking abnormality in keratoconus, however, is elongation of endothelial cells. The cells appear to have been stretched by the ectatic process with their long axis in the direction of the apex of the cone (*Cingu et al., 2013*).

The aim of the present study was to study the effect and safety of Femtosecond assisted implantation of INTACs on corneal endothelium using specular microscopy.

PATIENTS AND METHODS

This was a prospective comparative study conducted on 20 eyes attended the outpatient clinic of the Ophthalmology Department at Al-Azhar University Hospital (Cairo) from October 2018 to October 2029 with Keratoconus who had implantation of intracorneal ring segments (INTACS); to study the effect and safety

of Femtosecond assisted implantation of INTACs on corneal endothelium using specular microscopy.

Inclusion criteria: Patients who were 21 years old or more, clear central cornea, contact lens intolerance, patients with progressing keratoconus and the cornea was at least 400 μ thick at the insertion site for implantation of INTACS.

Exclusion criteria: Patients with existing collagen vascular, autoimmune, or immunodeficiency disease, patients who have any previous surgery as LASIK, PRK, corneal cross linking and cataract surgery, women who were pregnant or breastfeeding and patients with previous anterior segment trauma.

All patients were subjected to pre-operative assessment including:

1. Full detailed clinical, ophthalmologic examinations including best-corrected and uncorrected visual acuity (BCVA and UCVA).
2. Measurements of IOP.
3. Slit-lamp examination for anterior segment, fundus examination by 90 D Volk lens.
4. Corneal topography by oculus Wave light Occulyzer II pentacam.
5. Endothelial cell assessment by specular microscopy using Topcon SP-1P.

Details of surgical techniques:

- Under topical anesthesia, channel creation for implantation of the ICRS was done by using a femtosecond disruptive laser (200 KHzWaveLightFS200 Femtosecond Laser) at the steep meridian and the

ring segments are inserted into the channels.

- Depth of the channel was kept at 70-80% of maximum pachymetry in the area of ring implantation.
- The advent of the femtosecond laser has made the procedure safer with very high accuracy of implantation.
- Advantages of Femtosecond laser over conventional tunnel creation were less discomfort to patient and better patient cooperation, faster creation of tunnels, precise control of tunnel depth, width and centration, minimal tissue disturbance and faster post operative recovery.

Post-operative follow-up (one month after Femtosecond assisted implantation of INTACs):

1. Assessment of patient's post-operative uncorrected visual acuity.
2. Best corrected visual acuity.
3. Corneal topography by oculus pentacam.
4. Endothelial cell assessment by specular microscopy.

Ethical considerations:

The nature of the present study and laboratory or radiological procedures were explained to all participants. Consents were obtained from all participants. At the end of the study, all patients were informed about the results of the examinations performed and received appropriate recommendations, and treatment. Approval of ethical committee was taken before start.

Statistical Analysis:

Data entry, processing and statistical analysis was carried out using MedCalc ver. 18.11.3 (MedCalc, Ostend, Belgium). A significant p-value was considered when it is equal or less than 0.05. Mean, Standard deviation (\pm SD) and range for parametric numerical data, while Median and Inter-quartile range (IQR) for non-parametric numerical data. Frequency and

percentage of non-numerical data. Wilcoxon's test was used to assess the statistical significance of the difference of a non-parametric variable between two (paired) study group means. The ROC Curve (receiver operating characteristic) provides a useful way to evaluate the Sensitivity and specificity for quantitative Diagnostic measures that categorize cases into one of two groups.

RESULTS

The mean age of all patients was 30.3 ± 4.6 years. Regarding gender of the

patients, 60% of patients were females and 40% were males (**Table 1**).

Table (1): Basic clinical data among 20 Keratoconus eyes

Variables		Frequency (%)
Age (years)		30.3 ± 4.6
Gender	Female	12 (60%)
	Male	8 (40%)

* Mean \pm SD.

Regarding preoperative ophthalmic data, the mean preoperative IOP was 17.5 ± 2.3 mmHg, the mean preoperative UCVA was 0.17 ± 0.1 and the mean preoperative BCVA was 0.5 ± 0.17 . Regarding preoperative corneal topography data, the mean preoperative spherical equivalent was -5.94 ± 3.2 D, the mean preoperative cylinder was $-3.5 \pm$

1.68 D, and the mean preoperative topographic K values was 48.3 ± 3.9 D. Regarding preoperative specular microscopy data, the mean preoperative endothelial cell number was 2822.5 ± 321.9 , the mean preoperative coefficient of variation was 29.2 ± 4 , and the mean preoperative percentage hexagonal cell count was 54.6 ± 7.7 (**Table 2**).

Table (1): Preoperative ophthalmic, corneal topography and specular microscopy data among 20 Keratoconus eyes

Variables		Mean \pm SD
Ophthalmic	IOP (mmHg)	17.5 ± 2.3
	UCVA (LogMAR)	0.17 ± 0.1
	BCVA (LogMAR)	0.5 ± 0.17
Corneal topography	Spherical equivalent (D)	-5.94 ± 3.2
	Cylinder (D)	-3.5 ± 1.68
	Topographic K values (D)	48.3 ± 3.9
Specular microscopy	Endothelial cell number	2822.5 ± 321.9
	Coefficient of variation	29.2 ± 4
	Percentage hexagonal cell count(%)	54.6 ± 7.7

IOP: intra-ocular pressure. UCVA: uncorrected visual acuity. BCVA: best corrected visual acuity, D: diopter.

Regarding postoperative ophthalmic data, the mean postoperative IOP was 18 ± 2 mmHg, the mean postoperative UCVA was 0.45 ± 0.2 and the mean postoperative BCVA was 0.77 ± 0.18 . Regarding postoperative corneal topography data, the mean postoperative spherical equivalent was -2.83 ± 2.5 D, the mean postoperative cylinder was -2.19

± 1.12 D, and the mean postoperative topographic K values was 45.37 ± 4 D. Regarding postoperative specular microscopy data, the mean postoperative endothelial cell number was 2542.2 ± 326 , the mean postoperative coefficient of variation was 32.26 ± 1.9 and the mean postoperative percentage hexagonal cell count was 46.2 ± 3 (**Table 3**).

Table (3): Postoperative ophthalmic, corneal topography and specular microscopy data among 20 Keratoconus eyes

	Variables	Mean \pm SD
Ophthalmic	IOP (mmHg)	18 ± 2
	UCVA (LogMAR)	0.45 ± 0.2
	BCVA (LogMAR)	0.77 ± 0.18
Corneal topography	Spherical equivalent (D)	-2.83 ± 2.5
	Cylinder (D)	-2.19 ± 1.12
	Topographic K values (D)	45.37 ± 4
Specular microscopy	Endothelial cell number	2542.2 ± 326
	Coefficient of variation	32.26 ± 1.9
	Percentage hexagonal cell count (%)	46.2 ± 3

IOP: intra-ocular pressure. UCVA: uncorrected visual acuity. BCVA: best corrected visual acuity. D: diopter.

Comparative study between pre- and post-operative assessments revealed significant increase in post-operative UCVA and BCVA assessments in Keratoconus eyes ($p < 0.01$ respectively). Comparative study between pre- and post-operative assessments revealed; non-significant difference in post-operative IOP assessments in Keratoconus eyes ($p > 0.05$). This study also revealed significant increase in post-operative spherical equivalent and cylinder

assessments in Keratoconus eyes ($p < 0.01$ respectively), revealed significant decrease in post-operative topographic K values assessments in Keratoconus eyes ($p = 0.012$). Significant increase in post-operative coefficient of variation assessments in keratoconus eyes ($p = 0.013$) and significant decrease in post-operative endothelial cell number and percentage hexagonal cell count assessments in keratoconus eyes ($p < 0.01$ respectively) (**Table 4**).

Table (4): Comparison between keratoconus eyes as regards serial ophthalmic, corneal topography and specular microscopy assessments

Variables \ Assessment	Pre-operative assessment	Post-operative assessment	Wilcoxon's test
	Median (IQR)	Median (IQR)	P value
Ophthalmic:			
IOP (mmHg)	18 (16 – 19)	18 (16.5 – 20)	= 0.4683
UCVA (LogMAR)	0.17 (0.11 – 0.24)	0.48 (0.27 – 0.59)	= 0.0001**
BCVA (LogMAR)	0.5 (0.35 – 0.61)	0.84 (0.6 – 0.9)	= 0.0002**
Corneal topography:			
Spherical equivalent (D)	-5.86 (-7.47to-3.83)	-2.39 (-4.37to-.1.2)	= 0.0032**
Cylinder(D)	-3.56 (-4.67to-2.34)	-2.19 (-3.15 to -1.25)	= 0.0083**
Topographic K values (D)	48.68 (45.6 – 51.7)	45.37 (42 – 48.7)	= 0.012*
Specular microscopy:			
Endothelial cell number	2862.5 (2535.5 – 3078)	2520.5 (2249.5–2796.5)	= 0.0073**
Coefficient of variation	28.3 (26.3 – 31.5)	31.7 (31.1 – 33.3)	= 0.013*
Percentage hexagonal cell count (%)	52.6 (48.4 – 60)	46.2 (44.5 – 48.2)	< 0.0001**

IQR: inter-quartile range

By using ROC-curve analysis, femtosecond assisted implantation of INTACs predicted endothelial cell number improvement, with fair (72%) accuracy, sensitivity= 40% and specificity= 95% ($p < 0.01$). By using ROC-curve analysis, Femtosecond assisted implantation of INTACs predicted coefficient of variation improvement, with fair (77%) accuracy,

sensitivity= 90% and specificity= 65% ($p < 0.01$). By using ROC-curve analysis, Femtosecond assisted implantation of INTACs predicted percentage hexagonal cell count improvement, with good (83%) accuracy, sensitivity= 90% and specificity= 70% ($p < 0.01$) (**Table 5** and **Figures 1, 2, 3**).

Table (5): Roc-curve of Femtosecond assisted implantation of INTACs to predict specular microscopy parameters' improvement

Variable	AUC	SE	Best Cut off point (Criterion)	Sensitivity (%)	Specificity (%)	P value
Endothelial cell number	0.722	0.0812	≤ 2357	40	95	0.0061**
Coefficient of variation	0.775	0.0819	> 30.15	90	65	0.0008**
Percentage hexagonal cell count(%)	0.838	0.0655	≤ 49.87	90	70	< 0.0001 **

ROC (Receiver operating characteristic), AUC= Area under curve, SE= Standard Error.

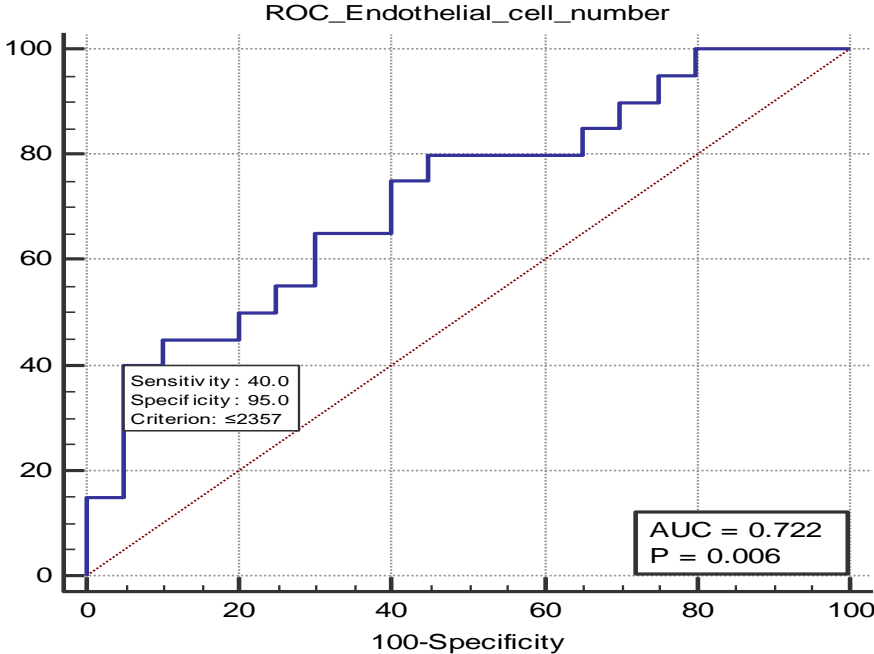


Figure (1): ROC curve of endothelial cell number improvement

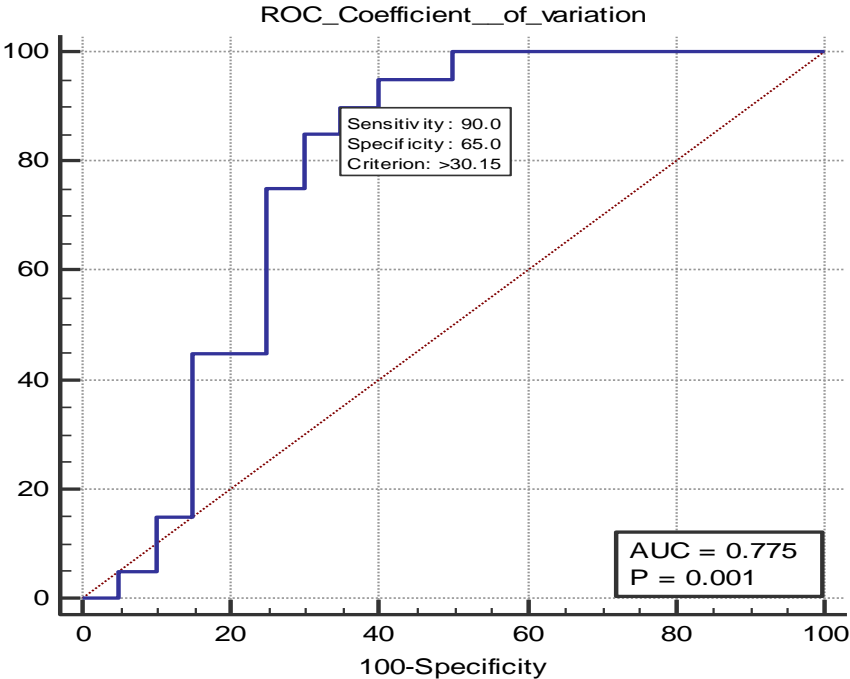


Figure (2): ROC curve of coefficient of variation improvement

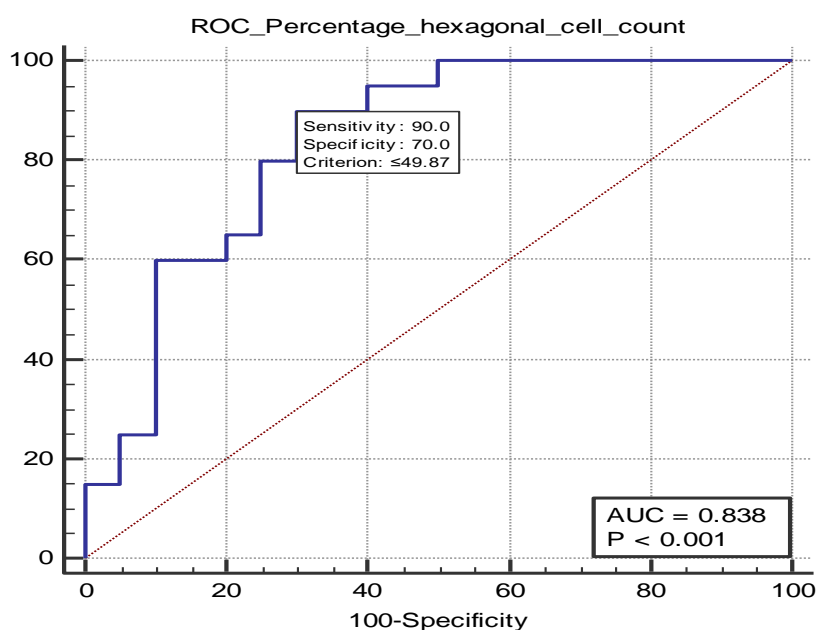


Figure (3): ROC curve of percentage hexagonal cell count improvement

DISCUSSION

This was a prospective comparative study conducted on 20 eyes with Keratoconus who have implantation of intracorneal ring segments (INTACS).

The mean age of all patients was (30.3 \pm 4.6) years. Regarding gender of the patients, 60% of patients were females; while 40% were males. Thus came in agreement with *Amiri et al. (2017)* and *Singh et al. (2020)*.

Regarding preoperative ophthalmic data, the mean preoperative IOP was (17.5 \pm 2.3) mmHg, the mean preoperative UCVA was (0.17 \pm 0.1) and the mean preoperative BCVA was (0.5 \pm 0.17). Which came in agreement with *Mohammadpour et al. (2016)* reported that, a 23-year-old female was referred for decreased vision in her left eye. The uncorrected visual acuity (UCVA) was 20/120 and the best spectacle-corrected visual acuity (BCVA) was 20/80.

Regarding preoperative corneal topography data, the mean preoperative spherical equivalent was (-5.94 \pm 3.2) D, the mean preoperative cylinder was (-3.5 \pm 1.68) D, and the mean preoperative topographic K values was (48.3 \pm 3.9) D. Thus came in agreement with *Salustiano et al. (2013)* who reported that, radial incision of 0.8 mm in length was made in the axis of the steepest corneal topography based on preoperative examination and the optical zone of 5.0 mm with a diamond knife, double-sided (Ferrara Ophthalmics, Belo Horizonte, Brazil) which was used for a cut of 80% of the caliper of that location. Thus, the ring segments were implanted in the flattest meridian to flatten the cornea in the steepest opposite meridian. Also, *Monteiro et al. (2019)* reported that the mean refractive cylinder was higher in the manual group preoperatively was -3.39 \pm 2.04 D versus -2.78 \pm 1.47 D, $p = .03$.

Regarding preoperative specular microscopy data, the mean preoperative

endothelial cell number was 2822.5 ± 321.9 , the mean preoperative coefficient of variation was 29.2 ± 4 and the mean preoperative percentage hexagonal cell count was 54.6 ± 7.7 . This was in agreement with *Salustiano et al. (2013)* who reported that, the central endothelial cell density average varied from 2652.14 ± 299.87 to 2543.12 ± 385.25 , and *Mohammadpour et al. (2016)*.

Comparative study between pre- and post-operative assessments revealed significant increase in post-operative UCVA and BCVA assessments in Keratoconus eyes, which came in agreement with *Mohammadpour et al. (2016)* who reported that a 23-year-old female was referred for decreased vision in her left eye. Her uncorrected visual acuity (UCVA) was 20/120 and her best spectacle-corrected visual acuity (BCVA) was 20/80 with -6.00 – 5.75 . Ocular examinations and imaging revealed advanced progressive keratoconus. She underwent simultaneous femtosecond laser assisted Myring implantation and accelerated intrastromal collagen cross-linking. Her UCVA and BCVA 3 months after surgery reached to 20/40 and 20/30, respectively. After 24 months, both UCVA and BSCVA improved to 20/30 and the refractive error was unremarkable ($+0.37$ – 0.12).

McLintock et al. (2020) reported that, in terms of visual outcomes, there was a significant improvement in both UDVA and CDVA. The number of eyes with 20/40 UDVA increased from 0 (0%) to 10 (71%). in 12 (85.7%) of cases, the final UDVA was equal to or better than the pre-operative CDVA.

Parker et al. (2015) reported that, ICRS confer a modest visual benefit: on average, 1 to 2 lines of BSCVA and BCVA. In particular, for Amsler-Krumeich stage III or IV eyes, they show no (or markedly reduced) gains, along with more disappointed patients and elective explanation. The outcomes of ICRS placement in keratoconic eyes over 10 years. On average, eyes gained 1 line of UCVA and 2 lines of BCVA. Ten percent, however, lost at least 1 line of UCVA, and 20% lost at least 1 line of BCVA. All eyes losing vision were Amsler-Krumeich stage III or IV.

Salman (2013) reported that one year after trans epithelial CXL, the mean improvement in the UDVA was 0.27 log MAR, which was statistically significant. All eyes achieved a UDVA of 20/200 or better, and 59.09% had a 1-line improvement in UDVA.

Regarding serial corneal topography assessments, comparative study between pre- and post-operative assessments revealed significant increase in post-operative spherical equivalent and cylinder assessments in Keratoconus eyes. This came in agreement with *McLintock et al. (2020)* who reported that, the regression equation of $0.9912x - 0.7605$ shows a good degree of accuracy with overall outcomes of phakic IOL implantation alone (following previous ICRS implantation). There was a significant improvement in UDVA, spherical equivalent and refractive cylinder.

Comparative study between pre- and post-operative assessments revealed significant decrease in post-operative endothelial cell number and percentage

hexagonal cell count assessments in Keratoconus eyes. This came in agreement with *McLintock et al. (2020)* who reported that no eyes lost 2 or more lines of CDVA. There were no intra-operative or post-operative complications. The mean endothelial cell density reduced from 2399 cells/mm² to 2295 cells/mm², a reduction of 4.3% after a mean follow-up period of 11.9 months. *Salustiano et al. (2013)* reported that, when comparing the number of cells between the initial and final SM examinations, a decrease was apparent between the average final cell counts in relation to the average of initial cell count; this decrease was highly significant.

By using ROC-curve analysis, femtosecond assisted implantation of INTACs predicted percentage hexagonal cell count improvement, with 83% accuracy, 90% sensitivity and 70% specificity. This was in agreement with *Salustiano et al. (2013)* reported that, when we compared the percentage of hexagonal cells in the initial and final exams related to the thickness and quantity of rings implanted, we found a decrease in the percentage of hexagonal cells. However, the eyes that received only two rings of thickness equal to 250 μ showed a highly significant decrease compared to the percentage of hexagonal cells (9.7).

CONCLUSION

The intrastromal ring was a stent designed to alter the corneal curvature and reduce refractive errors resulting from irregularities of corneal ectasia. The ring may improve the effect of optical correction with glasses or contact lenses.

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الفحص المجهرى للطبقة المبطنة للقرنية بعد عملية زراعة الحلقات داخل القرنية باستخدام تقنية الفيمتو ليزر لمرضى القرنية المخروطية

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خلفية البحث: تعتبر القرنية المخروطية المرض الأكثر شيوعاً من أمراض بروز القرنية حيث أن معدل الإصابة حوالي 1 لكل 2000 . ظاهرياً وجد أن سمك القرنية المركزي وما حوله يخضع لترقق تدريجي وفقدان للسلامة الهيكلية التي تؤدي إلى بروز القرنية، مما يعطي القرنية مظهرها المخروطي في حالات القرنية المخروطية مما يؤدي إلى حدوث قصر النظر واستجماتيزم غير منتظم قد يسبب ضعفاً كبيراً في الإبصار يصعب اصلاحه. بداية ظهور مرض القرنية المخروطية عادة ما يكون في مرحلة الشباب أو المراهقة مع تقدم تدريجي بمرور العمر.

الهدف من البحث: في هذه الدراسة نتناول عمليات زراعة الحلقات داخل القرنية باستخدام تقنية الفيمتو ليزر لمرضى القرنية المخروطية وتأثيرها علي الطبقة المبطنة للقرنية.

المرضى وطرق البحث: كانت هذه دراسة مقارنة مستقبلية أجريت على 20 عيناً في العيادة الخارجية لقسم طب وجراحة العيون في مستشفى جامعة الأزهر (القاهرة) من أكتوبر 2018 إلى أكتوبر 2029 علي القرنية المخروطية الذين قاموا بزرع الحلقات داخل القرنية.

نتائج البحث: فيما يتعلق ببيانات العيون قبل الجراحة، كان متوسط ضغط العين قبل الجراحة (2.3 ± 17.5) مم زئبق، وكان متوسط حدة البصر قبل الجراحة هو (0.17 ± 0.1) وكان متوسط حدة البصر قبل الجراحة أفضل تصحيح (0.5 ± 0.17). فيما يتعلق ببيانات طوبوغرافيا القرنية قبل الجراحة، كان متوسط المكافئ الكروي قبل الجراحة (-5.94 ± 3.2 D)، وكان متوسط الأسطوانة قبل الجراحة

(D1.68 ± 3.5-)، وكان متوسط قيم K الطبوغرافية قبل الجراحة (48.3 ± 3.9 D) فيما يتعلق قبل الجراحة بيانات الفحص المجهرى المرأوي، كان متوسط عدد الخلايا البطانية قبل الجراحة (321.9 ± 2822.5)، وكان متوسط معامل الاختلاف قبل الجراحة (4 ± 29.2) ومتوسط النسبة المئوية لعدد الخلايا السداسية قبل الجراحة (7.7 ± 54.6)%. زيادة ملحوظة للغاية في حدة البصر المصححة الأفضل بعد الجراحة وأفضل تقييمات حدة البصر في عيون القرنية المخروطية (p < 0.01) على التوالي. باستخدام تحليل منحنى ROC، فإن الغرس بمساعدة الفيمتو ثانية لزرع مقاطع الحلقة داخل القرنية تنبأ بتحسين رقم الخلايا البطانية، بدقة عادلة (72%)، حساسية = 40% ونوعية = 95% (p < 0.01).

الاستنتاج: الحلقة داخل السدى عبارة عن دعامة مصممة لتغيير تقوس القرنية وتقليل الأخطاء الانكسارية الناتجة عن عدم انتظام توسع القرنية. قد تحسن الحلقة من تأثير التصحيح البصري بالنظارات أو العدسات اللاصقة.

الكلمات الدالة: القرنية البطانية، المجهر المرأوي، الفيمتو ثانية، القرنية المخروطية.